

## CONTACT

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## **OUR PARTNERS**



# EARLY HELP FOR WALDECK-FRANKENBERG

Information for parents and families with babies and small children



### ADVICE, ATTENDANCE & REFERENCE

Pregnancy and the birth of a child change the whole situation of living of a family. With happiness and luck can also go along unsureness, over-strain and exhaustion.

Frequent questions are then for example:

- Am I doing everything right?
- How can I get along with all this?
- Is my child developing in accordance with age?
- How can good ties be created?
- How much and which food needs my child?

Here the Frühe Hilfen / Early Childhood Intervention staff of our district inform, advise and assist, and help developing solutions. The Early Childhood Intervention staff includes health care workers such as family midwives, family pediatric nurses, and maternity assistants. The maternity wards of the Frankenberg and Korbach hospitals each have one baby guide.

#### WHAT ARE WE OFFERING?

The district Frühe Hilfen offer includes:

- Advice to the physical & mental development of babies and infants
- Guidance through the health care system
- Proposals for building and strenthening the parents-child ties
- Ideas for the (new) arrangement of the changed family situation
- Assistance in handling the parenting or sibling role
- Accompanying & organization of transitions (from breastfeeding to complementary food, professional reemployment etc.)
- Information on promotional offers for children
- Reference to adequate institutions and offers (in case of need)